Many people believe that the only option for a hearing loss is a hearing aid. This is not so.

At The University of Queensland Health & Rehabilitation- Audiology (Hearing) Clinic we offer a range of flexible options, which will be discussed at your first appointment. A summary of each is provided below. The options can even be combined (for example: hearing aids and a communication program).

**Hearing Aids and Hearing training / Assistive Listening Devices (ALDs)**
- There are a wide range of hearing aids, in different price brackets, to select from
- The majority of people get great benefit from modern hearing aids, but only if they are worn consistently
- You get to trial the hearing aid/s for 30 days
- The program involves 3-4 appointments
- Hearing Communication Training will occur in appointments
- ALDs are for specific listening situations (for example: a device to help you hear the TV better, or a special microphone to hear better at meetings)
- ALDs can be used with or without hearing aids

**Take home Individual Hearing Communication Program (I-ACE)**
- This program involves reading information and completing activities at home. It is designed for you to learn ways to cope with your hearing difficulties
- It involves several hours of reading and activities per week
- You can involve a friend or family member
- It can be done with or without a HA

**Group Hearing Communication Program (ACE)**
- This program involves reading information and completing activities at home. It is designed for you to learn ways to cope with your hearing difficulties
- It involves several hours of reading and activities per week
- You can involve a friend or family member
- It can be done with or without a HA

**No intervention**
- You will carry on as you are currently, however, hearing difficulties will continue
- We recommend a hearing review in 1 or 2 years

What options are you interested in hearing more about at your appointment?
- Hearing Aids & Hearing Training / Assistive Listening Devices
- Take Home Individual Hearing Communication Program (I-ACE)
- Group Hearing Communication Program (ACE)
- No intervention