

# bullseye

Help your child be on target with their co-ordination and development

Bullseye is a group exercise program for children aged five to seven years to improve their hand eye co-ordination and ball and bat skills.

Run by a physiotherapist and final year physiotherapy students at The University of Queensland, Bullseye aims to increase proficiency of arm movements and co-ordination for children who have difficulty with arm dominant sports and activities such as tennis, cricket, throwing and catching a ball.



## DETAILS

Held weekly (Wednesdays & Fridays at 4pm)

Each session is 45 minutes in duration

Small class sizes – maximum of six children in a group

A one hour initial assessment is required prior to commencing the program

Held at the UQ Health & Rehabilitation Developmental Paediatric Physiotherapy Clinic, St Lucia campus

FREE PARKING

**UQ Health & Rehabilitation**  
CLINICS

For more information and registrations, contact the  
UQ Health & Rehabilitation Clinics on  
3365 2232 or email [healthclinics@uq.edu.au](mailto:healthclinics@uq.edu.au)

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