Occupational Therapy
The OT Children’s Life Skills Clinic will tailor a package of occupational therapy services to address the individual needs of a school.

Skills Development Programs (SDP)
The Skills Development Program is designed for Prep and Grade 1 children, and involves a six week set program of a screening session plus an additional five weeks of skill development sessions that address early handwriting and scissor skills, general co-ordination and self-management. This set program is delivered at a whole class level and is designed to promote development of core skills as well as identify any students who may need full occupational therapy assessment and further assistance.

Individuals who are identified as requiring more extensive OT assessment or intervention can be referred to the Children’s Life Skills Clinic (CLSC) at the UQ St Lucia campus or alternative arrangements to be treated privately at the school by OT-CLSC following the SDP can be considered.

Custom Designed Programs (CDP)
For schools that have students with identified needs, a more custom designed program is recommended to address concerns and promote participation of these students in the classroom. These programs are 10 weeks of therapy-based or classroom based strategy development and implementation. Depending on the needs of the school, the custom designed program may include a combination of:

- Focus on specific classrooms which have several students with extra needs in relation to learning, attention and self-management, and social interaction
- Developing and demonstrating strategies within these classrooms to allow greater participation for all students and promote the learning of those students with identified needs
- Full occupational therapy assessment of selected students who are having particular difficulty at school
- Individualised classroom strategies for these selected students to address identified goals for learning and participation.

For further information or to book UQ Health & Rehabilitation Clinics Schools Program for your school, please contact us on (07) 3365 2232, email healthclinics@uq.edu.au or visit www.uq.edu.au/healthclinics