Is your child ready to grow & be active?

UQ’s Developmental Paediatric Clinic provides expert physiotherapy care for babies, children and adolescents. We specialise in the management of neurodevelopmental, musculoskeletal and sensory conditions associated with developmental delays in posture, movement, coordination and breathing.

Move, Grow and Be Active

**Convenient Location**
Clinic Reception is located on level 1  
Therapies Building (Building 84A)  
School of Health and Rehabilitation Sciences  
The University of Queensland  
Services Road, St Lucia 4072

**Flexible hours**
Clinic hours:  Monday to Friday 8am – 5pm  
Reception hours:  Monday to Friday 8am – 6pm

- **Personalised services** – individualised care targeted to the specific needs of each client. Best practice approaches based on current assessment and intervention evidence are instrumental in our service provision.
- **Expertise like no other** – our dedicated teams’ clinical and teaching experience span across decades and provide specialty care for a broad range of conditions.
- **100% commitment** – our teams are dedicated to providing clients high quality professional services. All client/student interactions are under the direct supervision of registered practitioners.
- **Making a difference to future health practitioners** – the clinics provide an education platform for entry level and post graduate students. Clients can feel assured that their interactions provide valuable learning experiences.
- **No referral required** – unless accessing specific Medicare programs or government funded initiatives.
- **Free parking and easy disabled access.**
- **Fee** – low competitive fee structure for goods and services. Inquire about current promotions or discounts.
- **Insurance coverage** – some goods and services are eligible for health fund rebates.

**Phone:** 07 3365 2232  
**Email:** healthclinics@uq.edu.au  
**Web:** www.uq.edu.au/healthclinics

HSF119 CRICOS PROVIDER NUMBER 00025B
Why should I visit a Paediatric Physiotherapist?

Paediatric Physiotherapists are trained in the assessment and management of movement difficulties or motor delays in babies, children, and adolescents. The development of a child's fine and gross motor skills is imperative to the success of their future development. The first three to five years of a child's life are the most important phase of the motor development process, with full maturity of these skills not occurring until teenage years. It is crucial for early recognition and management of delays in motor development, as failure to do so at an early age can lead to problems later in adult life.

Get ready to move, grow and be active

Our Paediatric Physiotherapists can assist if you have concerns or questions about your child's muscle, joint or neurological development, such as:

• your baby feels 'floppy' or 'stiff' when being held
• your baby doesn't tolerate 'tummy time' well by four months of age
• your baby was premature (born before 34 weeks' gestation)
• your child is delayed in achieving physical milestones (such as rolling, head turning, crawling and walking)
• your child is not sitting by nine months of age
• your child is not trying to stand up by 12 months of age
• your child is not walking by 18 months
• your child has an unusual walk, foot posture or walks on their toes
• your child experiences clumsiness with running, jumping or ball skills
• your child has aches or pains with activity or rest
• you are concerned about your child's posture
• your child has difficulty participating in and/or enjoying sport.

Move, grow and be active

At the UQ Developmental Paediatric Clinic, we provide specialty physiotherapy assessment for children aged from birth to 18 years of age.

Our services are family centred and include but not restricted to:

• individual assessment and development of a specialised program to suit your child's needs in collaboration with the child and parents/carers
• development of programs to increase strength, balance, co-ordination and function
• working in close collaboration with families to develop a holistic approach to each child's program, including their education and activities
• screening of babies and children to check for normal development
• management of problems associated with delays in development of normal posture and movement
• treatment of infants and children with conditions such as cerebral palsy, Down's syndrome and neuromuscular disorders
• assessment and treatment of children and adolescents demonstrating movement problems, including 'developmental co-ordination disorder' with associated attention and behavioural disorders such as Attention Deficit
• co-ordination and/or organisation problems such as delays in fine and gross motor skill development including Autistic Spectrum Disorder
• musculo-skeletal problems affecting motor function.

To arrange a consultation, contact us on 3365 2232, email healthclinics@uq.edu.au or visit www.uq.edu.au/healthclinics